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Author (English)	Madiththe Gedara Asela Sandaruwan Abeyrathna ¹ , Yapa Mudiyanselage Dishan Maduranga Yapa ¹ , Wathsala Wimalarathna ² , Shine Htet Aung ^{3,4} , Rupasinghe Ramesh Nimantha ³ , Edirisinghe Dewage Nalaka Sandun Abeyrathne ¹ , Ki-Chang Nam ^{3*}	
Affiliation (English)	¹ Department of Animal Science, Uva Wellassa University, Badulla 90000,	
	Sri Lanka	
	² Ceylon Fresh Sea Food (Pvt) Ltd.Ja-Ela 11350, Sri Lanka	
	³ Department of Animal Science and Technology, Sunchon National	
	University, Suncheon 57922, Korea	
	⁴ Department of Zoology, Kyaukse University, Kyaukse 05151, Myanmar	
Author (Korean) English papers can be omitted		
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Special remarks – if authors have additional information to inform the editorial office		
ORCID and Position(All authors must have ORCID) (English) https://orcid.org	Abeyrathna MGAS (First author) <u>https://orcid.org/0009-0004-4170-7894</u> Yapa YMDM <u>https://orcid.org/0009-0002-8343-7656</u> Wimalarathne W <u>https://orcid.org/0009-0003-5292-2488</u> Aung SH <u>https://orcid.org/0000-0002-9470-0141</u> Rupasinghe RN <u>https://orcid.org/0000-0002-9984-5622</u> Abeyrathne EDNS <u>https://orcid.org/0000-0002-6284-2145</u> Nam KC (Corresponding author) <u>https://orcid.org/0000-0002-2432-3045</u>	
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	Formal analysis: Abeyranthna MGAS, Yapa YMDM, Aung SH,	
	Rupasinghe RN.	
	Validation: Nam KC.	
	Writing - original draft: Abeyranthna MGAS, Aung SH.	

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6	

CORRESPONDING AUTHOR CONTACT INFORMATION

For the <u>corresponding</u> author (responsible for correspondence, proofreading, and reprints)	Fill in information in each box below
First name, middle initial, last name	Ki-Chang Nam
Email address – this is where your proofs will be sent	kichang@scnu.ac.kr
Secondary Email address	
Postal address	Ki-Chang Nam
	Department of Animal Science & Technology, Sunchon National
	University, Suncheon 57922, Korea
Cell phone number	+82-61-750-3231
Office phone number	+82-61-750-3231
Fax number	+82-10-6747-9298

9 Abstract

With the increase in the market demand for yellowfin tuna, it has become increasingly 10 11 important to maintain the oxidative stability and metabolic processes of the fish. The present study aimed to measure changes in oxidative stability and biological processes during 7 d of 12 refrigerated storage. The samples were vacuum packaged and stored under refrigerated 13 conditions (4°C) in the laboratory, and the pH, protein oxidation, and antioxidant activity were 14 analyzed on the 1st, 3rd, 5th, and 7th days. Changes in metabolomic compounds were investigated 15 between days 1 and 7. There was no significant change in pH on 5 days of storage (p > 0.05)16 17 but significantly increased after 7 days (p < 0.05). With respect to oxidation, as the storage time increased, the carbonyl content also increased (p < 0.05). Fresh fish showed the highest 18 antioxidant activity, which significantly decreased on days 3 and 5 (p < 0.05). However, it 19 increased again with the activation of antioxidant compounds after 7 days of storage. A 1D¹H 20 nuclear magnetic resource (NMR) spectra of yellowfin tuna revealed a significant increase in 21 various metabolic components, including bitter peptides, antioxidants, and antimicrobials. In 22 conclusion, although yellow fin tuna freshness and protein oxidative stability decreased, several 23 beneficial compounds increased during 7 d of refrigerated storage. 24

25 Keywords: yellowfin tuna, refrigerated storage, oxidative stability, metabolite compounds

26 Introduction

Tuna is a popular seafood dish consumed worldwide. Tuna and tuna-like species have 27 28 long been known as the major commodities of fisheries. Several types of tuna, such as Albacore, Bigeye tuna, Atlantic Bluefin tuna, Pacific Bluefin tuna, Southern Bluefin tuna, skipjack tuna 29 30 and yellowfin tuna, exist worldwide (Majkowski, 2007). Recently, the demand for tuna has 31 increased as people have become more health-conscious, thus leading to a surge in the prices 32 of tuna meat and oil (Bell et al., 2015). Tuna production will increase over the next decade as the demand for tuna products increases in both developed and developing markets. Affluent 33 34 Asian nations, including China, Japan, and South Korea, drive market expansion (Erauskin-Extramiana et al., 2023). 35

Yellowfin, bigeye, and skipjack are the three primary oceanic tuna species commonly 36 found in the Indian Ocean. Yellowfin tuna is a fish species of major importance in seafood 37 commerce in Sri Lanka. The major constituents of yellowfin tuna are 73.28% moisture, 1.52% 38 crude fat, 23.18% crude protein, and 1.52% ash (Ovissipour et al., 2010). In addition, tuna has 39 a diverse range of amino acid compositions, such as glutamic, aspartic, and lysine, ranging 40 from 7.93% to 12.45% (Peng et al., 2013). Amino acids are crucial components of various 41 healing processes, and a lack of these essential building blocks can impede recovery. Amino 42 43 acids, such as alanine, proline, arginine, serine, isoleucine and phenylalanine, combine to form polypeptides that stimulate tissue healing and regeneration (Witte et al., 2002). Therefore, 44 yellowfin tuna is a highly nutritious fish in Sri Lanka and is highly beneficial to human health 45 (Nemati et al., 2017). 46

Both protein and lipid oxidation have major detrimental effects on fish, including tuna
(Yetisen, 2021). Lipid oxidation in fish and fish products can lead to unpleasant odors and a
decline in the overall quality, which can negatively impact consumer satisfaction. Moreover,

50 lipid oxidation can alter the structural makeup of fish muscle (Baron et al., 2007). It is assumed 51 that lipid oxidation modifies the nutritional value and quality of fish based on prior data. On 52 the other hand, the omega-3 fatty acids found in yellowfin tuna are abundant and susceptible 53 to oxidation due to lipid breakdown. Therefore the high amount of omega-3 fatty acids in 54 yellowfin tuna may decrease owing to lipid oxidation resulting in a reduction in its overall 55 nutritional value (Guizani et al., 2014).

Metabolomics is the dynamic field of analysis of small-molecule metabolites (<1 kDa) in biological systems, offering insights into biochemical pathways and cellular function, and providing a holistic view of physiological states (Johanningsmeier et al., 2016). Meat metabolic profiles linked to sensory acceptability (Antonelo et al., 2020), flavor and aroma (Aung et al., 2023), color, and oxidative stability (Ma et al., 2017) have been successfully obtained using 1D¹H nuclear magnetic resource (NMR). Therefore, metabolites should be investigated to evaluate the quality of yellowfin tuna under refrigerated conditions.

With the increase in market demand, it is necessary to ensure the oxidative stability and biochemical processes of yellowfin tuna. However, not much study has been done on the biochemical processes in yellowfin tuna under different storage conditions. Therefore, this study aimed to evaluate oxidative stability under refrigerated conditions. In addition, changes in metabolites were compared between the initial and final storage days (day 7).

69 Materials and methods

70 Sample collection

Yellowfin tuna were provided by Ceylon Fresh Seafood (Pvt.) Ltd, Sri Lanka. After the catching fish, they were stored under the frozen conditions, They were received to the company after one month. Then loins were separated from the yellowfin tuna fish, and their average weight was approximately 2.750 kg \pm 0.250 kg. Samples were vacuum-packed and storing under frozen condition shipped to the university laboratory same day, and stored under refrigerated condition (4°C).

77 Measurement of pH

Fish samples (2g) and 18 mL of distilled water (DW) were mixed and homogenized. A pH meter (Model No. 044869, Taiwan) was used to measure the pH of the filtrate after the homogenate had been filtered through the Whatman No. 4 filter paper. The pH was measured on days 1, 3, 5, and 7 under refrigerated conditions (4°C).

82 Measurement of protein oxidation

The 2,4-dinitrophenyl hydrazine (DNPH) assay was used to figure out how much 83 84 protein carbonyl was in the fish sample according to (Alinasabhematabadi, 2015). A 3 g sample was combined with 30 mL of phosphate buffer (20 mM, pH 6.5 containing 0.6 M NaCl) and 85 thoroughly homogenized. From this mixture, two aliquots of 0.2 mL each were taken for 86 87 analysis. Both aliquots were treated with 1 mL ice-cold trichloroacetic acid (10% TCA) and were placed in cold water for 15 min. They were then centrifuged at 2,000×g for 30 min. After 88 discarding the supernatant, the residue was mixed with 1 mL of TCA and the above procedure 89 90 was repeated. A 0.5 mL solution of DNPH (10 mM DNPH dissolved in 2.0 M HCl) was applied 91 to one aliquot for treatment. 0.5 mL of 2.0 M HCl was used as the blank for another aliquot.

The samples were covered with aluminium foil and vortexed for 1 h using a vortex machine 92 (Model No; M 15, Italy). The sample was mixed with 0.5 mL of ice-cold 20% TCA solution 93 before vortexing and placed in an ice bath for 15 min. Then, 1.0 mL of ethanol/ethyl acetate 94 (1:1, V/V) was added after centrifugation at 2,000×g for 20 min, with the supernatant being 95 96 discarded. Next, the samples underwent vortexing and centrifuging at 2,000×g for 20 min. This procedure was repeated three times. The pellets were kept in a hood for 15 min following the 97 removal of the supernatant. The pellets were dissolved in 1 mL of 6.0 M guanidine 98 hydrochloride prepared with a 20 mM phosphate buffer at pH 6.5. This mixture was vigorously 99 vortexed for 30 min covered with aluminum foil to protect it from light. Centrifugation was 100 conducted to the final solution at 9,500×g for 10 min. An absorbance was measured at 280 and 101 370 nm on days 1, 3, 5, and 7 under refrigerated conditions (4°C). This equation was used to 102 compute the carbonyl concentration; 103

104
$$C = \frac{A_{370}}{\delta_{hydrazone,370} \times (A_{280} - A_{370} \times 0.43)} \times 10^6$$

105 Measurement of antioxidant activity

The antioxidant activity of yellowfin tuna was evaluated using the 2,2-diphenyl-1-106 picrylhydrazyl (DPPH) radical scavenging activity (Alma et al., 2003). Firstly, homogenization 107 was performed for the combination of a 2 g sample and 18 mL DW. After filtration through 108 109 Whatman No.4 paper, 3 mL of filtrate was centrifuged at 3000×g for 10 min. The supernatant (4 mL), distilled water (1.6 mL), and DPPH solution (2 mL) were mixed by vortexing and 110 incubated in the dark at room temperature for one hour. The absorbance was measured at 517 111 nm on days 1, 3, 5, and 7 under refrigerated conditions (4 °C). 2 mL of distilled water and 2 112 mL of methanol were combined to create a blank solution. 2 mL of the DPPH solution and 2 113

mL of distilled water were combined to create the control solution. The scavenging activitywas computed with the below formula;

116 DPPH radical scavenging activity (%) =
$$\left[\frac{Absorbance \ of \ control - Absorbance \ of \ sample}{Absorbance \ of \ control}\right] \times 100$$

117 Nuclear magnetic resonance spectroscopy (NMR)

The protocol reported by (Kim et al., 2019) was used for the extraction of samples and 118 NMR analysis. Firstly, 5 g of fish sample using 20 mL of 0.6 M perchloric acid was 119 homogenized, and centrifugation was conducted to the homogenate (Continent 512R, Hanil, 120 Daejeon, Korea) at 3,500×g for 20 min. The supernatant was centrifuged, after adjusting the 121 pH 7.0 with KOH. After taking the filtrate through Whatman No. 1 filter paper, it was 122 lyophilized (Lyoph-Pride, LP03; Ilshin BioBase, Dongducheon, Korea). Finally, lyophilized 123 samples were diluted in 20 mM phosphate buffer (pH 7.4) was used with D2O containing 1 124 mM 3-(trimethylsilyl) propionic-2,2,3,3 d4 acid (TSP). A Bruker 600 MHz cryo-NMR 125 spectrometer (Bruker BioSpin, Rheinstetten, Germany) was used for NMR analysis, and 126 Topspin 4.0.8 (Bruker) was used for spectral analysis. TSP was used as an internal standard 127 during the quantitative analysis process. 128

129 Statistical analysis

Experimental data with three replicates were analyzed using the Minitab statistical software package, version 20. One-way analysis of variance (ANOVA) analysis with a 95% confidence level was used to statistically analyze the data. MetaboAnalyst 6.0 (https://www.metaboanalyst.ca/) was used to analyze partial least squares discriminant analysis (PLS-DA) and variable important projection (VIP) score.

136 **Results and Discussion**

137 pH measurement

Changes in pH and lipid oxidation play a crucial role in meat quality during storage by 138 139 influencing the oxidation of myoglobin (Chauhan and England, 2018). Figure 1 illustrates how the pH of yellowfin tuna changes while it is being stored. Overall, the pH increased from 6.13 140 to 6.27 during storage (p < 0.05). After storing 3 days, the pH value decreased insignificantly 141 142 but increased again after day 5 of storage (p > 0.05). It is assumed that the occurrence of glycogenolysis, which causes the breakdown of glycogen into lactic acid, decreases pH in the 143 fish tissue (Nazir and Magar, 1963). On the final storage day (day 7), the pH of the yellowfin 144 tuna increased significantly (p < 0.05). The pH is affected by inorganic compounds containing 145 nitrogen as well as by the release and formation of inorganic phosphates. Bu et al. (2022) 146 147 reported a positive correlation between pH and freshness, and that the pH of southern bluefin tuna increased during storage. the pH value of tuna fish biofluid increased after 7 d of storage 148 owing to the production of alkaline bacterial metabolites ((Fazial et al., 2017). Rodríguez et al. 149 (2004) claimed that muscle pH rises as a result of secondary alkaline substances such as 150 ammonia being released by endogenous and microbial enzymes encouraging protein 151 breakdown. In general, the pH of fish is stated to be between 6.0 and 6.5 immediately after it 152 is caught, while rotten fish have a pH above 7.0 and pH values up to 6.8 are acceptable 153 (Jinadasa et al., 2015). Therefore, the present results show that yellowfin tuna still had an 154 optimal pH range after 7 d of storage. 155

156 Measurement of protein oxidation

157 The DNPH is a common method to evaluate the total number of carbonyls in a protein,158 allowing for the quantification of protein oxidation (Dalle-Donne et al., 2003). In yellowfin

tuna, the carbonyl content is a crucial marker of protein oxidation. Figure 2 shows how the 159 carbonyl content of yellowfin tuna changed over 7 d in the refrigerator. As the number of 160 storage days increased, the carbonyl content of the yellow fin tuna increased (p < 0.05). No 161 significant contrast was between days 1 and 3, or between days 3 and 5 (p > 0.05). Kjærsgård 162 163 and Jessen (2004) mentioned that the increase in carbonylation was caused by high salt-soluble proteins, primarily carbonylated protein fractions. This was substantiated by an increase in the 164 carbonyl concentration of myofibrillar protein in thin-lipped mullets after 10 days of 165 refrigerated storage (Tokur and Polat, 2010). Protein oxidation may deteriorate the overall 166 quality of meat products, affecting their texture and flavor (Xiong and Guo, 2020). In addition, 167 high levels of protein oxidation can impair the nutritional value of foods, reducing the 168 bioavailability of amino acids and resulting in the loss of essential amino acids (Domínguez et 169 al., 2022). Therefore, there should be a great concern regarding higher protein oxidation in 170 vellowfin tuna during long-term refrigerated storage. 171

Measurement of antioxidant activity

The DPPH assay determines the potential of substances to act as free radical scavengers. 173 It is also used to determine the antioxidant capacities of fish fillets, other foods, and food items 174 (Ceylan et al., 2019). The DPPH radical scavenging activity of yellowfin tuna is shown in 175 Figure 3. After 7 d of storage, the initial 51.90% DPPH scavenging activity decreased to 176 39.50%. The DPPH radical scavenging activity significantly decreased on day 3 (p < 0.05). A 177 decrease in DPPH levels, as observed during refrigerated fish storage, indicates an increase in 178 the production of secondary lipid oxidation products, such as aldehydes (Kolakowska, 2002). 179 However, there was a significant increase on days 5 and 7 (p < 0.05), but with a lower value 180 than the initial value (p < 0.05). These alterations could include the activation of antioxidant 181 mechanisms or the ingestion of prooxidants, thereby increasing the DPPH levels. DPPH radical 182

183 scavenging activity may increase due to the formation of antioxidant compounds such as 184 tryosine, creatine and lactat(Lawler et al., 2002; Torkova et al., 2015). Rest of this response of 185 microbial activity, and activation of enzymes during refrigerated storage affect to the DPPH 186 radical scarvenging activity. The current metabolite compound results also showed an increase 187 in the levels of antioxidant compounds in the refrigerated yellowfin tuna.

188 Water-soluble metabolite analysis

The 1D¹H NMR spectra from the first and seventh days of refrigerated storage of 189 yellowfin tuna are shown in Figures 4a and 4b, respectively. The ¹H NMR spectra of the 190 yellowfin tuna muscle samples contained a few assignable amino acids, nucleotide-related 191 metabolites, miscellaneous metabolites, and energy-related metabolites. According to the PCA 192 biplot and PLS-DA, the metabolite compounds on days 1 and 7 are significantly different from 193 194 each other geographically, with Component 1 accounting for 97.7% (Fig. 5a, b). Significant variation in group discrimination for PLS-DA is reflected in the VIP score, which displayed 195 four metabolite compounds (threonine, lactate, tyrosine, and creatine). 196

Based on 1D¹H NMR spectra, 23 metabolites were identified, and the assigned 197 198 compounds are listed in Table 1. During meat storage, proteins undergo various changes, including degradation. This process leads to the release of free amino acids and peptides from 199 large protein structures. They enhance the production of savory and umami flavors in fish 200 201 (KONOSU, 1982) and increase fish antioxidant activity (Chan et al., 1994). According to the current research, free amino acids, including isoleucine, leucine, threonine, tyrosine, valine, 202 203 and niacinamide significantly increased after 7 d of storage. Ruiz-Capillas and Moral (2001) and Shiba et al. (2014) found that muscle autolysis and microbial growth caused these amino 204 acid changes. Özden (2005) and Ruiz-Capillas and Moral (2004) also found that maintaining 205 206 fish at a specific temperature significantly increases their isoleucine content. Previous studies 207 have revealed that isoleucine, leucine, tyrosine, and valine are linked with bitterness (Kodani et al., 2017). Li et al. (2004) and Pripp and Ardö (2007) reported that bitter peptides have 208 certain structural properties and many bitter dipeptides exhibit ACE-inhibitory action. The 209 structural requirements for ACE-inhibitory activity are related to these properties. In addition, 210 alanine, glycine, isoleucine, leucine, threonine, and valine are involved in protein breakdown, 211 where bacterial metabolism of these amino acids leads to the production of ammonia, 212 contributing to the increase in pH. Niacinamide, also known as vitamin B3 or nicotinamide, is 213 found in various foods, including meat, fish, dairy products, and grains (Gehring, 2004). 214 Niacinamide (nicotinamide) is a derivative of niacin (nicotinic acid) and a precursor to the 215 coenzymes nicotinamide adenine dinucleotide and nicotinamide adenine dinucleotide 216 phosphate (Gehring, 2004). Niacin and its derivatives indirectly contribute to antioxidant 217 defense by supporting the function of enzymes involved in neutralizing free radicals and 218 protecting tissues from oxidative damage (Finger et al., 2009). Therefore, increasing 219 niacinamide levels may help protect yellowfin tuna from oxidative processes that can lead to 220 rancidity and off-flavors. 221

With the use of ¹H NMR, the nucleotide-related metabolites hypoxanthine and inosine 222 were identified. Enzymes present in fish muscles gradually deplete adenosine triphosphate, 223 converting it successively into adenosine diphosphate, and adenosine monophosphate. 224 Subsequently, the inosine 5'-monophosphate (IMP) formed undergoes degradation into inosine, 225 further breaking down into hypoxanthine through autolytic and microbial action (Surette et al., 226 227 1988). This hypoxanthine is further transformed into uric acid. The freshness indices are based 228 on the ratios of nucleotide-related metabolites to ATP degradation components (Karube et al., 1984). Notably, there is an inverse relationship between uric acid content and the freshness of 229 230 fish meat, making it a significant analytical method for freshness evaluation (Gokoglu and

Yerlikaya, 2015). In addition, Bodin et al. (2022) reported that hypoxanthine contributes to the bitter, and off-flavors of fish. The current study found a substantial increase in hypoxanthine and inosine levels after 7 d of storage (p < 0.0), likely due to bacterial activity.

Recent studies have found that choline and its derivative metabolites. 234 phosphoethanolamine, significantly increase after 7 d of storage. It is one of the products 235 236 released during the phospholipid hydrolysis (Sardenne et al., 2016). Choline is an essential 237 nutrient that plays various crucial roles in the body and is a component of several important molecules, such as acetylcholine (a neurotransmitter), phosphatidylcholine (a major 238 239 component of cell membranes), and sphingomyelin (Moretti et al., 2020). However, the production of these compounds indicates both the oxidative susceptibility and health benefits 240 of yellowfin tuna because the ester bond between the glycerol backbone and fatty acids 241 undergoes hydrolysis, releasing free fatty acids such as docosahexaenoic acid and 242 eicosapentaenoic acid (Refsgaard et al., 2000). 243

Furthermore, 10 energy-related metabolites were collected during the refrigerated 244 storage of yellowfin tuna. Acetate, lactate, glucose, and creatine levels significantly increased 245 after 7 d of storage (p < 0.05). Acetate, lactate, and succinate are organic acids produced by 246 microbial metabolism, particularly in the context of muscle-based food storage (Chiou et al., 247 1998). Acetic acid contributes to the flavor profile of fish and may act as a preservative by 248 creating an acidic environment that inhibits the growth of spoilage microorganisms (Bórquez 249 et al., 1994). Lactate, which is generated from pyruvate via glycosis, is abundant in tuna muscle 250 251 because of its role in burst swimming activity (Guppy et al., 1979). Succinate and lactate can reduce metmyoglobin activity, improve meat color and lower lipid oxidation (Bramstedt, 1962). 252 Additionally, lactate is crucial for the development of pleasant scents and the degree of 253 freshness degree (Ramanathan et al., 2011). Creatine, a type of phosphocreatine retained in 254

muscle tissue, may contribute to the reduction of oxidative stress (Wu, 2009). In addition, an increase in the glucose levels in fish during refrigerated storage can occur because of various biochemical and microbial processes. The usual source of glucose is the stored muscle glycogen. Glucose reduces water activity by creating an osmotic environment, and (Sionek et al., 2021) found that glucose has a substantial negative correlation with pH. Therefore, high glucose concentrations, whether synthetic or endogenous, can inhibit meat deterioration (Nychas et al., 1998).

The 1D¹H NMR spectra of yellowfin tuna revealed a significant increase in several metabolite components after 7 d of refrigerated storage. In addition to an increase in bitter peptides, which are beneficial to health, the levels of antioxidant compounds also increased. Although refrigerated yellowfin tuna lost some freshness, increased organic acids may inhibit microbiological growth. Furthermore, the products of phospholipid hydrolysis indicated an increase in the nutritional quality of yellowfin tuna.

268 Conclusion

The study found that while yellowfin tuna's freshness decreased during 7 days of refrigerated storage, its pH remained acceptable. Antioxidant activity increased after 7 days, and protein carbonyl content increased. NMR analysis showed a increase in beneficial compounds like bitter peptides, antioxidants, and antimicrobials.

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275 Conflict of interests

276 The authors declare no potential conflicts of interest.

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Nam KC, Abeyrathne EDNS, Aung SH, Formal analysis: Abeyrathna MGAS, Yapa YMDM,
Aung SH, Rupasinghe RN, Writing – original draft: Abeyrathna MGAS, Writing – review &
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287 **ORCID**

- Abeyrathna MGAS (First author) https://orcid.org/0009-0004-4170-7894
- 289 Yapa YMDM https://orcid.org/0009-0002-8343-7656
- 290 Wimalarathne W https://orcid.org/0009-0003-5292-2488
- 291 Aung SH https://orcid.org/0000-0002-9470-0141
- 292 Rupasinghe RN https://orcid.org/0000-0002-9984-5622
- Abeyrathne EDNS https://orcid.org/0000-0002-6284-2145
- Nam KC (Corresponding aunthor) https://orcid.org/0000-0002-2432-3045

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454 **Tables and Figures**

455 Table 1. Changes in metabolites (mg/100g) of yellowfin tuna between the initial and final

456	storage days (day 7)
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Metabolite compounds (mg/100g)	Day 1	Day 7	SEM ¹⁾
Free amino acids			
Alanine	0.05	0.06	0.006
Glycine	0.12	0.12	0.023
Isoleucine	0.04 ^b	0.13 ^a	0.009
Leucine	0.05 ^b	0.17 ^a	0.015
Threonine	1.97 ^b	7.20 ^a	0.724
Tyrosine	2.37 ^b	5.16 ^a	0.235
Valine	0.04 ^b	0.11 ^a	0.004
Sarcosine	0.04	0.07	0.000
Niacinamide	0.02 ^b	0.06 ^a	0.003
Nucleotide related metabolites			
Hypoxanthine	0.18 ^b	0.35 ^a	0.018
Inosine	0.17 ^b	0.31 ^a	0.025
Miscellaneous metabolites			
Choline	0.07 ^b	0.23 ^a	0.026
O-Phosphocholine	0.21 ^b	0.36 ^a	0.038
Energy-related metabolites			
Acetate	0.32 ^b	1.50 ^a	0.159
Creatine	0.63 ^b	2.51 ^a	0.003
Acetoacetate	0.01	0.02	0.009
Acetone	0.01	0.02	0.012
Succinate	0.09	0.12	0.006
Fumarate	0.00	0.02	0.088
Glucose	1.50 ^b	2.51 ^a	0.136
Glycerol	0.70	0.69	0.538
Lactate	1.51 ^b	5.33 ^a	0.003
Malonate	0.02	0.03	0.002

457

459 ¹⁾SEM: Standard error of the mean

^{458 &}lt;sup>a,b</sup> Means with a column with different letters are significantly different (p < 0.05).



470 Fig. 1. Changes in pH of yellowfin tuna during refrigerated storage

471 ^{a,b} Different letters show significant differences between storage days (p < 0.05).

472 The pH of the yellowfin tuna increased from 6.13 to 6.27 during storage (p < 0.05). After 3

473 days, the pH slightly decreased, but this change was not significant. It then increased again on

474 day 5 (p > 0.05), with a significant increase on day 7 (p < 0.05).

- 475
- 476
- 477



Storage days

479 Fig. 2. Changes in carbonyl concentration of yellowfin tuna during refrigerated storage

- 480 ^{a-c} Different letters show significant differences between storage days (p < 0.05).
- 481 Within the storage time period, the carbonyl content in the yellowfin tuna also increased (p < p
- 482 0.05). However, no significant differences were observed between days 1 and 3, or between

483 days 3 and 5 (p > 0.05).

484

485



- 500 DPPH 2,2-diphenyl-1-picrylhydrazyl
- 501 After 7 days of storage, the DPPH scavenging activity decreased from 51.90% to 39.50%. A
- 502 significant decrease was observed on day 3 (p < 0.05), but DPPH activity increased
- significantly on days 5 and 7 (p < 0.05), though still lower than the initial level.



⁵²⁵ H₂O – water





538

Fig 5. (a) Principal component analysis (PCA) biplot, (b) partial least squaresdiscriminant analysis (PLS-DA), and (c) variable importance in projection (VIP) score of
yellowfin tuna metabolite compounds based on refrigerated storage day

According to the scores plot, metabolite compounds increased after 7 days of storage. There are 97.7% geographical distance between days 1 and 7 according to the Component 1. VIP scores described the most important difference compounds such as threonine, lactate, tyrosine, and creatine.