

1 **Assessing the genotoxicity of oral zinc oxide nanoparticle administration**
2 **in male rats using micronuclei and comet assay**

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8 **Ethical approval** Following approval from the Institutional Animal Ethical
9 Committee for Fayoum University, all experiments were done following
10 general international guidelines on the use of living laboratory animals in
11 scientific research. The work has been carried out in accordance with EU
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16 **Author contributions**

17 Gamal M. Hassan and Amal G. Ramadan conceived and designed the
18 experiments. Gamal M. Hassan, Amal G. Ramadan, Eissa A Eissa and
19 Ahmed A.M. Yassein, performed the experiments. Amal G. Ramadan and
20 Ahmed A.M. Yassein analyzed the data. Gamal G. Hassan and Amal G.
21 Ramadan drafted and wrote the manuscript. All authors read and approved
22 the final manuscript.

23 **Availability of data and materials**

24 All datasets are available upon reasonable request

25

ACCEPTED

26 **Assessing the genotoxicity of oral zinc oxide nanoparticle administration**
27 **in male rats using micronuclei and comet assay**

28 **Abstract**

29 Zinc oxide nanoparticles (ZnO-NPs) are regularly utilized in the food and fertilizers
30 industries. In our investigation, rats received oral administration of ZnO NPs with a
31 particle size of 30 ± 5 nm once daily at doses of 100, 200, 300, 400, and 600 mg/kg for
32 ten weeks in order to assess the genotoxic effect. Impacts on hematological markers,
33 genotoxic impact, and growth were investigated. The findings showed that ZnO-NPs
34 significantly reduced body weight gain, red blood cell count (RBC), hemoglobin
35 concentration(Hb), hematocrit value (HCT), and platelet count (PLT), while increasing
36 white blood cell (WBC), mean capsular volume (MCV), mean capsular hemoglobin
37 (MCH), and mean capsular hemoglobin concentration (MCHC) in the treated rats. Our
38 results for the comet assay and micronuclei test show a dosage-dependent increase in
39 DNA fragmentation, which was supported by an increase in the percentage of DNA that
40 is tailed, the length and intensity of DNA tails, and the tail moment, especially at the dose
41 of 600 mg/kg. According to the findings, the frequency of micronucleated cells has
42 increased.

43 **Keywords:** Rats, zinc oxide nanoparticle, Hematology. Micronuclei, Comet assay.

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49 **Introduction**

50 Small substances with at least one dimension between one and one hundred
51 nanometers are known as nanoparticles (NPs). Due to their tiny size and large surface
52 area, nanoparticles play a key role in all aspects of modern life (Zayed et al., 2018). By
53 shrinking matter to a scale of 1 to 100 nm, nanotechnology is a significant area of
54 innovation in the industry (Minetto et al., 2016). The food sector, drug delivery, diagnosis,
55 cosmetics, and several sunscreens are just a few industries where nanoparticles (NPs) are
56 used (AlSuhaibani and ElMorshedi, 2014). ZnO nanoparticles are exposed to the human
57 body more and more as their use increases. Inhalation, cutaneous contact, and ingestion
58 are the three main ways that ZnO nanoparticles are exposed to the body (Iavicoli et al.,
59 2017). ZnO nanoparticles can enter the circulatory system through a variety of routes
60 after exposure, and through it, they can spread throughout the entire body (Yeh et al.,
61 2012). When ZnO nanoparticles enter the body, they are of a nanosize that quickly allows
62 them to penetrate cells, where they are internalized as either free Zn²⁺ ions or
63 nanoparticles by the cells (Jia et al., 2017).

64 Micronuclei have been scored extensively to discover potential genotoxic
65 substances since they are good indicators of genotoxic exposure in both humans and
66 animals (Terradas et al., 2010). A crucial *in vivo* cytogenetic screening method for
67 identifying newly produced structural chromosomal damage in bone marrow cells is the
68 micronucleus test (Schmid, 1975). Chromosome abnormalities in rat bone marrow and
69 the micronucleus test have both been used extensively to clarify the connection between
70 food and mutagenesis. Micronuclei can be utilized as a mutation index because they are a
71 sign of permanent DNA loss (Mckelvey et al., 1993). At a dose of 2000 mg/kg, Srivastav

72 et al. (2016) found that Wistar rats had decreased red cell counts, liver lesions, and
73 hepatocyte inflammation. According to Chupani et al. (2017), diet-borne ZnO NPs can
74 modify the molecular structure and morphology of the blood, intestine, liver, and kidneys.
75 These NPs may display unpredictable genotoxic features through direct interaction with
76 genetic material or by indirect DNA damage brought on by reactive oxygen species due
77 to their tiny size and increased surface area combined with physiochemical properties like
78 charged surfaces (Kisin et al., 2007). Chromosome abnormalities in rat bone marrow and
79 the micronucleus test have both been used extensively to clarify the connection between
80 food and mutagenesis. Micronuclei can be utilized as a mutation index because they are a
81 sign of permanent DNA loss (Mckelvey et al., 1993). Evaluation of nanoparticle toxicity
82 is necessary in order to understand the genotoxic potential of ZnO NPs in an animal
83 model due to the rapid development of nanotechnology and rising exposure to
84 nanoparticles. The current study was carried out to investigate the acute oral toxicity of
85 ZnO-NPs at doses 100, 200, 300, 400, and 600 mg/kg. Hematology assays and the
86 genototoxic effects of ZnO NPs using micronucleus and comet assay.

87 **Material and Methods**

88 **Chemicals**

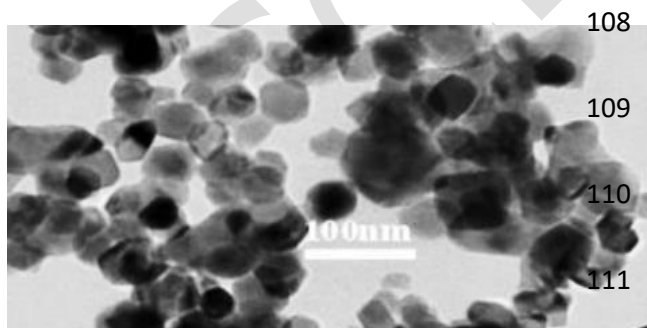
89 Zinc oxide nanoparticles (ZnO-NPs) were obtained from NanoTech Company,
90 Egypt. According to the information provided by manufacturer the particles size of ZnO
91 nanoparticles is 30 ± 5 nm. Chemicals used for the quantitative determination of various
92 biochemical and hematological parameters were purchased from Bio Diagnostic
93 company and Human company (Egypt).

94 **Preparation of ZnONPs suspension**

95 The ZnO NPs particles (30 ± 5 nm) were dispersed in distilled water (10 mg/mL)
96 and the suspension was sonicated at 230 V for 20 minutes using ultrasonic cleaner
97 sonicator (Branson ultrasonic corporation, Danbury, Connecticut, USA) at room
98 temperature. The suspension was stirred on vortex agitator immediately before
99 administration in different dosages (100, 200, 300, 400 and 600 mg/kg).

100 **Characterization of zinc oxide nanoparticles**

101 After vigorous sonication, the solution distribution of the nanoparticles was
102 dropped onto a copper grid that had been coated with carbon to examine the diameter and
103 shapes of the particles. The grid was then observed using a JEOL JEM 1010
104 Transmission Electron Microscope after being air - dried at room temperature. Using a
105 transmission electron microscope (TEM) with a 200 KV accelerating voltage, the
106 morphological structure of zinc oxide nanoparticles (ZnO-NPs) was analyzed. The crystal
107 structures measured 30 ± 5 nm and closely resemble a sphere (Fig.1).



112 **Fig.1.** Electron micrograph of spherical ZnO-NPs nanoparticles with a size
113 of less than 30 nm.

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117 **Animals and their housing**

118 Thirty male Sprague-Dawley rats, 8–10 weeks old and weighing 140–160g, were
119 purchased from Rapitco Farm Company in Giza, Egypt. Five animals per cage were kept
120 in standard plastic cages under controlled environmental conditions at a temperature of
121 $25 \pm 2^\circ\text{C}$ with 12-hour cycles of light and darkness.

122 **Experimental design**

123 Six groups of thirty rats were created after the adaptation phase (Five rats per
124 group). Rats in Group 1 (G1), which was designated as the control group, consumed a
125 regular synthetic meal and had unlimited access to water, while those in the other five
126 groups received oral gavage administration of zinc oxide nanoparticles at varying
127 concentrations during a 10-week period. The rats in group 2 (G2) were received 100
128 mg/kg ZnO NPs suspension orally once daily, Group 3 (G3) 200 mg/kg ZnO-NPs
129 suspension orally once daily, Group 4 (G4) 300 mg/kg ZnONPs suspension orally once
130 daily, Group 5 (G5) 400 mg/kg ZnONPs suspension orally once daily, and Group 6 (G6)
131 600 mg/kg ZnONPs suspension orally once daily.

132 **Hematological examination**

133 For the hematological study, blood samples were taken from the retinal vein of
134 each rat in each group. A Clindia Hematology Analyzer (HA-22/Vet, Belgium) was
135 used to obtain a complete blood picture for each group. Red blood cell count (RBC),
136 hematocrit (HCT), hemoglobin (Hb) concentration, and red cell indices were included in
137 the analysis. Also included were mean corpuscular volume (MCV), mean corpuscular
138 hemoglobin (MCH), mean corpuscular hemoglobin concentration (MCHC), white blood
139 cell count (WBC), and their differential (lymphocytes, granulocytes, and monocytes), as
140 well as platelet count (PLT).

141 **Genotoxicity assay**

142 **Micronuclei assay**

143 According to the method published by Schmid (1975), the micronuclei (MN) test
144 and the scoring of micronucleated polychromatic erythrocytes (MnPCEs) were performed.
145 The ratio of polychromatic erythrocytes (PCEs) / normochromatic erythrocytes (NCEs)
146 was calculated using a minimum of 2000 polychromatic erythrocytes (PCEs) per animal
147 (NCEs). To estimate the micronucleated polychromatic erythrocytes (MnPCEs), the
148 coded slides were examined under 100 oil immersions.

149 **Comet assay**

150 The single cell electrophoresis (comet assay) which developed by Singh et al
151 (1988) was used in cytogenetic assays. It was combined with the simplicity of
152 biochemical methods for identifying DNA single strand breaks (frank strand breaks and
153 incomplete excision repair sites), alkali-labile sites, and crosslinking in the single cell gel
154 electrophoresis (SCGE). Comet assay was performed in Animal Reproduction Research
155 Institute (ARRI), in Giza, Egypt.

156 **Statistical analysis**

157 SPSS-PC software (1999) was used for the statistical analysis of experimental
158 data for the quantitative variables, namely body weight growth and micronucleated
159 polychromatic erythrocytes (MnPCEs). Probability values with a P value of 0.05 ($p < 0.05$)
160 were deemed statistically significant.

161

162 **Results and discussion**

163 **Animal observation**

164 The observation during this study showed that no serve toxicity signs such as
165 diarrhea or hair loss. Furthermore, no mortality was observed related to different doses of
166 ZnO-NPs administration (100, 200, 300, 400 and 600 mg/kg body weight). Also no
167 behavioral changes were observed related to be orally administered to rats. This finding
168 was agreed with the results of (BenSlama et al., 2015).

169 **ZnO-NPs effect on rats body weight gain**

170 Table (1) displays the impact of various ZnO-NP concentrations on rat body
171 weight gain throughout the duration of the entire experiment. The average rate of rat
172 body weight gain significantly decreased when compared to the control group, according
173 to the data ($p < 0.05$). The findings of the present investigation regarding the decrees in
174 the body weight gain were consistent with those of Hong et al. (2014), who found that
175 rats given ZnO NPs by gavage at doses of 0, 100, 200 and 400 mg/kg/day saw a drop in
176 body weight due to a decrease in food intake. It was reported that a high dose of ZnO
177 NPs in the diet could have toxicological effects, but Wang et al. (2016) showed that 50
178 and 500 mg/kg nano-ZnOs demonstrated increases in body weight while at 5000 mg/kg
179 showed decreases in body weight. This suggests that the decrease in body weight at 5000
180 mg/kg ZnO NPs may help explain the increase in the relative weights of the pancreas,
181 brain, and lung. Decrease of body weight may be attributed to anabolic metabolism in
182 body of treated animals, or as a result of antidigestion effect, or due to the loose of
183 appetite in treated animals as a result of nanoparticles administration (Shirvani et al.,
184 2014).

185 Table 1. Effects of different concentrations of nano-ZnOs on the body weight gain of
186 male rats for ten weeks.

Groups	Dose mg/kg	Initial weight	Final weight	Weight gain
G1	0	161.80±3.55 ^a	241.60± 9.35 ^a	79.80± 8.02 ^a
G2	100	171.40±5.02 ^a	161.60±8.07 ^{ab}	19.00± 6.42 ^b
G3	200	169.25± 9.11 ^a	170.00±13.49 ^{ab}	20.80± 3.81 ^b
G4	300	171.83±4.88 ^a	151.40± 8.90 ^b	12.20± 4.15 ^b
G5	400	165.20±6.09 ^a	160.40± 10.89 ^{ab}	17.00± 5.71 ^b
G6	600	169.80± 2.71 ^a	185.40±9.38 ^{ab}	25.20± 7.09 ^b

187 Data represent the means ± SE of 5 animals per group. The difference between mean
188 values with different superscripts in the same column is statistically significant.

189

190 **Effects of ZnO-NPs on hematological parameters of male rats**

191 According to the findings showed in Table 2, treated rats' hemoglobin content
192 and platelet counts (PLT) did not differ significantly from the control groups ($p < 0.05$).
193 The findings showed that all rat groups that received ZnO NPs during the experiment
194 experienced significantly lower hematocrit percentages and red blood cell counts (RBCs)
195 than the control group. However, after 10 weeks, the treatment groups' rats had
196 significantly higher levels of white blood cells (WBCs), MCV values, MCH, and MCHC
197 than the control groups' rats. Hematological studies showed that ZnO-NPs can penetrate
198 and translocate within living creatures, which is important for assessing the toxicity of
199 ZnO-NPs (Yang et al., 2017).

200 According to research by Dhawan and Sharma (2010), when given orally and
201 exposed acutely, NPs of various materials are more hazardous than their microparticle
202 counterparts. According to Sano et al. (2006), a significant decline in lymphocyte
203 percentage, white blood cell count, and MCHC may be the result of blood leakage from
204 vessel walls brought on by high dosages of ZnO-NPs. According to BenSlama et al.
205 (2015), platelet levels decreased, which is consistent with our findings. They did,

206 however, demonstrate an increase in red blood cell count, which is in contradiction to our
207 findings. According to research by Wang et al. (2008), an increase in the number of red
208 blood cells may cause a rise in blood viscosity. Additionally, in line with our research,
209 Somayeh and Mohammad, (2014) found that the toxicity of zinc oxide nanoparticles
210 causes an increase in white cell count. According to Liu et al. (2015) zinc oxide
211 nanoparticles can lead to increase in white and red blood cell counts, a decrease in
212 lymphocyte count, and an increase in neutrophil count. By utilizing the same doses and
213 routes administration of ZnO NPs but with various administration times up to 21
214 days, Espanani et al. (2015) demonstrated in this period a decrease in the counts of
215 platelet and lymphocyte with an increase in white cell count and no effect on the red cell
216 count. Depending on the administered dose, sub-chronic use of zinc oxide nanoparticles
217 was reported to cause toxic symptoms in the lymphatic system and in the blood cell count
218 (Elshama et al., 2017).

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226 Table 2. Effects of different concentrations of nano-ZnOs on hematological parameters of
227 male rats

Parameters	Groups					
	G1	G2	G3	G4	G5	G6
WBC (10⁹/L)	4.27 ±0.07 ^{ab}	4.65 ± 0.14 ^{ab}	4.40 ±0.35 ^{ab}	4.66 ±0.46 ^{ab}	4.60 ±0.03 ^{ab}	4.62 ± 0.18 ^{ab}
RBCs (10¹²/L)	7.42 ± 0.15 ^a	7.00 ±0.14 ^b	6.74 ±0.11 ^b	6.57 ±0.17 ^b	6.82 ± 0.13 ^b	6.84 ± 0.08 ^b
Hematocrit %	36.73 ±1.26 ^{ab}	35.04 ± 0.44 ^b	34.98 ±0.45 ^b	34.84 ±0.71 ^b	35.00 ± 0.56 ^b	34.24 ±0.96 ^b
Hemoglobin(g/dl)	14.35 ± 0.63 ^a	13.84 ± 0.18 ^a	13.64 ±0.18 ^a	13.84 ± 0.39 ^a	13.94 ± 0.31 ^a	13.96 ±0.33 ^a
MCV (fl=10⁻¹⁵)	48.25 ± 0.47 ^a	49.74 ±0.48 ^{ab}	51.60 ± 0.67 ^b	50.00 ±0.001 ^{ab}	51.75 ± 0.85 ^b	50.75 ±1.25 ^b
MCH (Pg=10⁻¹²)	18.91 ± 0.50 ^a	19.85 ± 0.52 ^{ab}	20.65 ±0.26 ^b	19.70 ±0.16 ^{ab}	20.57 ± 0.24 ^b	20.52 ±0.31 ^b
MCHC (g/dl)	38.64 ± 0.62 ^a	39.54 ± 0.73 ^{ab}	39.38 ±0.62 ^{ab}	39.94 ± 0.45 ^{ab}	39.94 ± 0.45 ^{ab}	41.06 ±0.24 ^b
PLT (10⁹/L)	567.20 ±8.45 ^a	519.60 ±25.70 ^a	498 ± 28.37 ^a	528 ± 16.71 ^a	551.60 ±41.01 ^a	497 ± 9.57 ^a

228 The abbreviations RBC, WBC, MCV, MCH, and MCHC stand for red blood cells, white blood cells, and
229 mean corpuscular volume, hemoglobin, and concentration, respectively. Data are the means and standard
230 errors of five animals per group. At $p < 0.05$, the difference between mean values with different
231 superscripts in the same row is statistically significant.
232

233 **Bone marrow micronuclei assay**

234 Table 3 displays the mean of the micronuclei frequency after treatment with
235 various concentrations of ZnO NPs and the corresponding controls. The PCEs were
236 painted a light blue to grey colour, whereas the NCEs were painted a light pink to light
237 yellow colour (Fig. 2). The results demonstrate that as the dose of ZnO NPs was
238 increased, the frequencies of micronucleated erythrocytes in the bone marrow of treated
239 rats increase as well. By increasing the dose of ZnO NPs, the percentage of PCEs/NCEs
240 was decreased. According to the findings obtained, 10 weeks of administration with 600
241 mg/kg body weight ZnO-NPs triggered the greatest increase in bone marrow cytotoxicity
242 (PCE / NCE ratio). Extranuclear entities known as micronuclei (MN) are made up of
243 broken-down chromosomal fragments and/or complete chromosomes that were not
244 absorbed into the nucleus after cell division. A buildup of DNA damage, chromosomal
245 abnormalities, and deficiencies in the cell repair mechanism can cause MN (Fenech et al.,

246 2011). Tripathi et al. (2012) evaluated the correlation between the numbers of immature
247 erythrocytes (PCEs) and the mature erythrocytes (NCEs), and they discovered that when
248 the normal bone marrow cell proliferation is hampered by any toxic agent, a decline in
249 the PCE/NCE ratio could be seen.

250 According to Suzuki et al. (1989), polychromatic erythrocyte (PCE) counts in
251 peripheral blood were the most widely used and practical way to monitor erythropoiesis.
252 They also noted that examination of erythropoietic cytotoxicity was a significant
253 component of safety assessment in novel drug development. Fewer immature
254 erythrocytes (PCE) than mature or normochromatic erythrocytes (NCE) were thought to
255 be a marker of cytotoxicity caused by mutagens (Kirsch-Volders et al., 2003). Some
256 micronucleus test guidelines advise using the P/N ratio to estimate a compound's toxicity
257 to bone marrow cells. It has been demonstrated that the P/N ratio changes when stronger
258 pharmacologic doses are given or when bone marrow cells are extracted at later sampling
259 intervals (Heddle et al., 1984). A decline in the P/N ratio could be brought on by either a
260 decline in PCE, an increase in NCE, or imbalanced alterations in the populations of both
261 cell types.

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267 Table 3. Effects of different concentrations of nano-ZnOs on micronuclei
268 assay

Groups	Doses(mg/Kg)	No.of PCEs	Mn/PCEs%	PCEs/NCEs%
G1	0	2000	0.15	17.99

G2	100	2000	0.25	12.11
G3	200	2000	0.45	12.38
G4	300	2000	0.5	11.88
G5	400	2000	0.6	11.38
G6	600	2000	0.8	11.70

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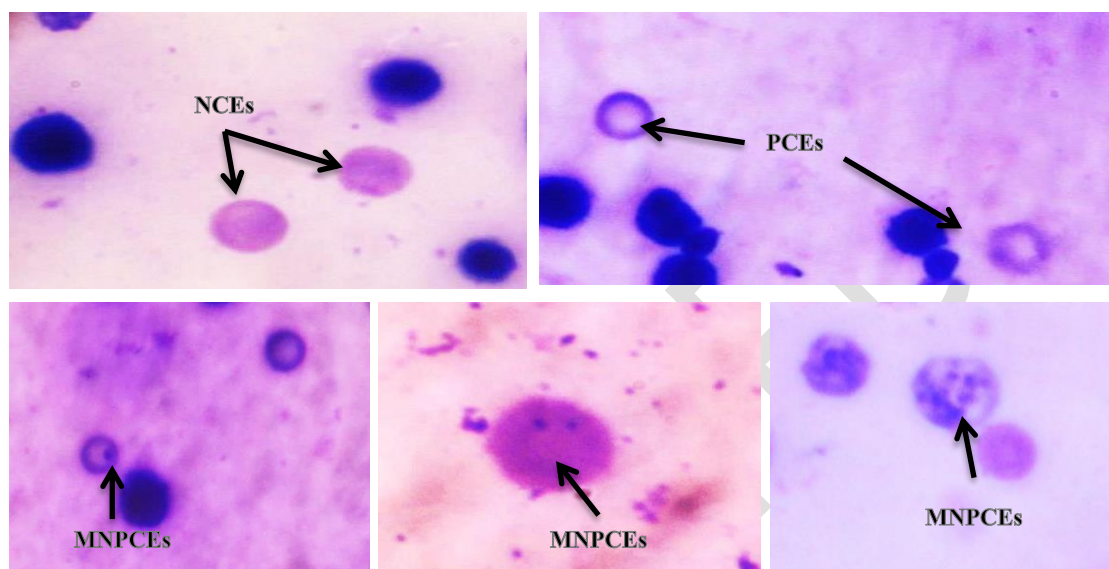
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Fig.2. Nano-ZnOs caused the formation of micronuclei (MN) in rat bone marrow cells.

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PCE: Polychromatic Erythrocyte. NCE: Normochromatic Erythrocyte, MNPCE:

287

Micronucleated Polychromatic Erythrocyte (Magnification 1000X).

288

Alkaline comet assay

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The findings in Tables 4 and 5 demonstrated that ZnO-NPs increased the tail

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length, tail intensity, tail migration, and tail moments in the kidneys and liver,

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respectively. According to the results in Table 4, all treatment groups of rats had their

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liver DNA's tail length increases as a result of the administration of nano-ZnOs; the tail

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lengths of the rats in group (G6) and control group (G1) were 10.57 μ m and 4.94 μ m,

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respectively. According to the results illustrated in Table 5, kidney cell tail length, DNA

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content, tail moment, and olive tail moment were all dose-dependently increased by ZnO-

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NP compared to control. These results reveal that genotoxicity was the cause of the DNA

297 damage that was seen, and that the DNA damage caused by ZnO-NPs in the rat liver and
 298 kidneys might be detected using the comet assay. Photomicrographs of the DNA damage
 299 (comet assay) in rat liver and kidney cells were shown in Figures 3 and 4, respectively.
 300 The single-cell gel electrophoresis assay, also referred to as the comet assay, is a
 301 technique for quantifying DNA strand breaks in eukaryotic cells (Tice et al., 2000).
 302 Based on the length of the genetic material's movement (tail length) in the anode-directed
 303 direction during the comet assay, the quantity of DNA breakage in a cell was calculated
 304 (Singh et al., 1988). Furthermore, it has been demonstrated that the frequency of DNA
 305 strand breaks is inversely correlated with the proportion of DNA in the tail (tail intensity)
 306 (Olive et al., 1990). The computerized image analysis system calculates the tail moment,
 307 a straightforward descriptor by taking into account both the migration tail length and the
 308 percentage of DNA that travelled in the tail (Villarini et al., 1998). DNA damage results
 309 from the lengthening of DNA tails at all ZnONP doses over the course of 70 days, as is
 310 seen from DNA fragmentation. This genotoxicity may be caused by ZnONPs' oxidative
 311 and nitrosative actions (Sharma et al., 2012 and Kumar and Dhawan, 2013).

312 Table 4. Measurements of DNA damage in liver cells from control and ZnONP-treated
 313 rats

Treatment	Dose mg/kg	Tail Length	Tail in DNA	Tail moment	Olive tail moment
G1	0	4.94	8.87	0.46	1.23
G2	100	7.43	9.421	0.56	1.36
G3	200	6.22	13.21	0.98	1.39
G4	300	10.44	16.79	2.097	2.09
G5	400	9.39	14.48	1.90	2.02
G6	600	10.67	18.89	2.44	2.39

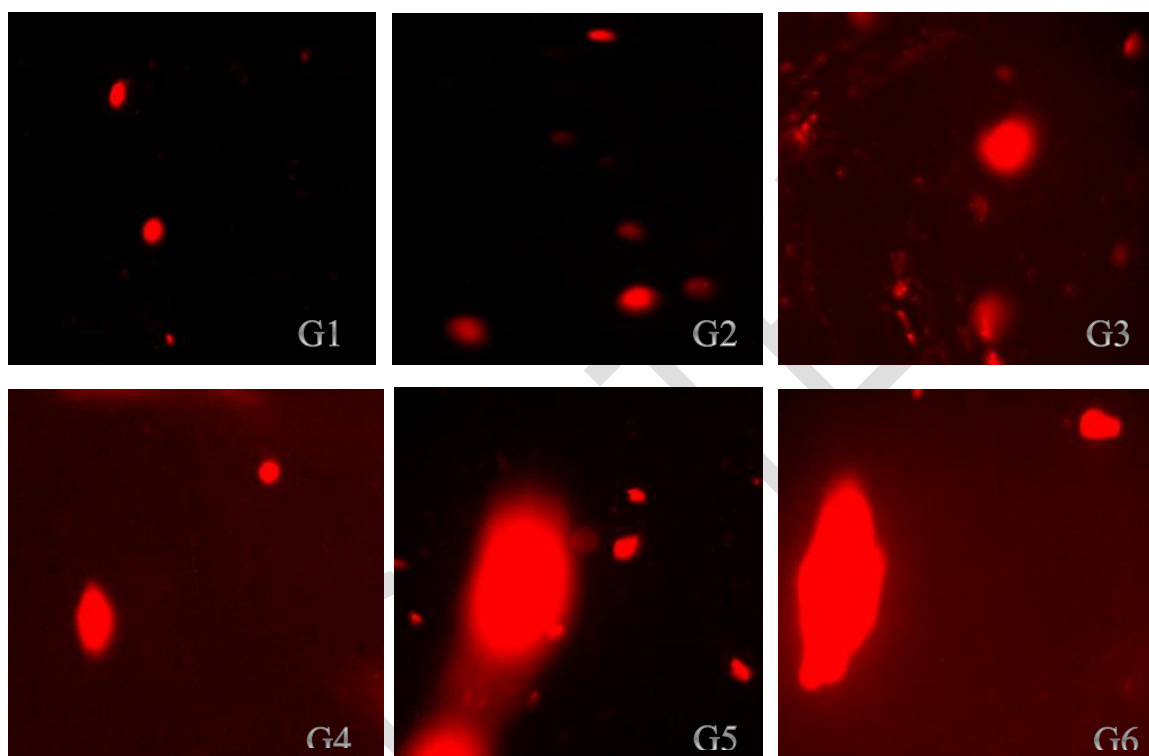
314 Table 5. Measurements of DNA damage in kidney cells from control and ZnONP-treated
 315 rats

Treatment	Dose mg/kg	Tail Length	Tail in DNA	Tail moment	Olive tail moment
G1	0	8.84	12.77	0.80	1.04

G2	100	9.69	14.48	1.72	1.64
G3	200	9.39	15.53	1.90	2.03
G4	300	10.55	17.19	1.93	2.08
G5	400	10.67	18.89	2.44	2.39
G6	600	11.97	24.75	3.63	2.97

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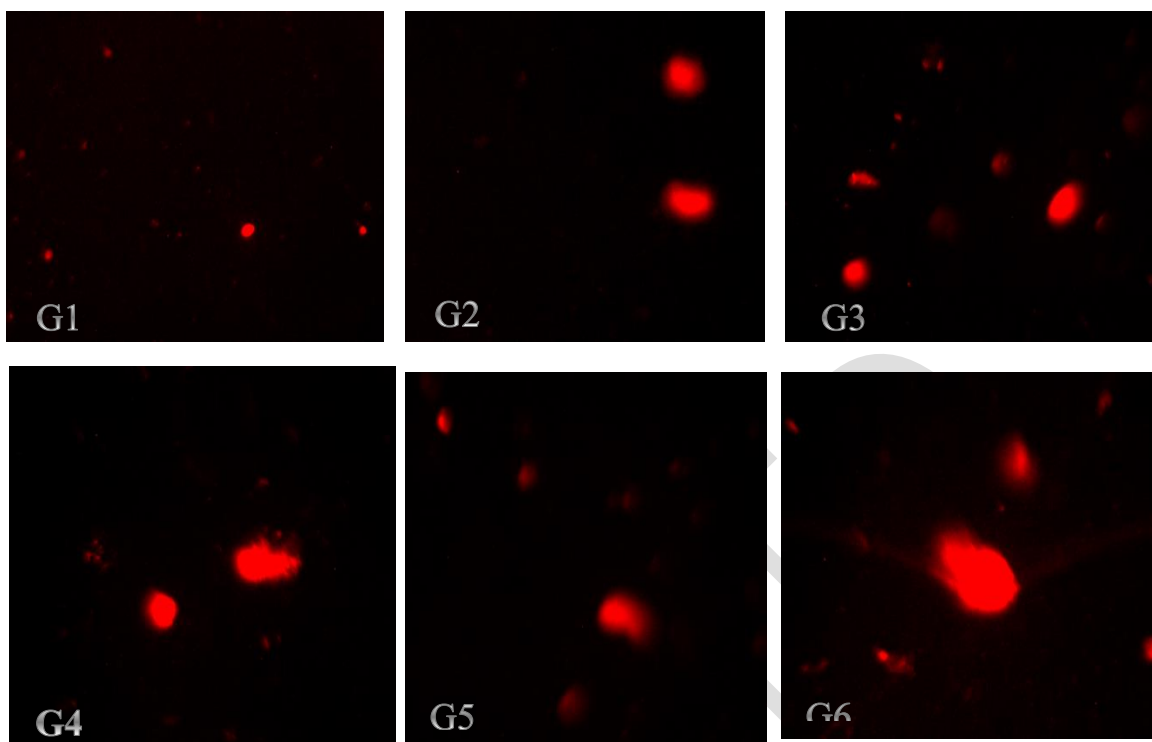
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319 Fig.3. Photographs of representative DNA damage (comet assay) in rats liver cells
 320 consumption of different concentrations of ZnONPs. (G1) Normal cell; (G2 and G3) little
 321 DNA damage; (G4) moderate DNA damage; (G5) extensive DNA damage; (G6)
 322 completely damaged DNA (Magnification 1000X).

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326 Fig. 4. Photographs of representative DNA damage (comet assay) in rat kidney cells
327 consumption of different concentrations of ZnONPs. (G1) Normal cell; (G2 and G3) little
328 DNA damage; (G4) moderate DNA damage; (G5) extensive DNA damage; (G6)
329 completely damaged DNA (Magnification 1000X).

330 **Conclusion**

331 A conclusion that can be made from *in vivo* genotoxicity experiments is that ZnO NPs
332 with particle sizes of 30 nm for ten weeks are capable of causing genotoxicity and
333 cytotoxicity in rat bone marrow cells, liver, and kidney. The results of present study may
334 increase the alarms about the probable risk on human health that might be related with
335 plentiful applications of ZnO NPs.

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